

Prologue

ITS a pattern of your life You father did not want you to have any thunder, authority or force.

He was always pre emting you, he told you you got into college because of him, that american schools were nothing, etc, he took credit for your good behavior as your mother did.

Whatever you did right was to their credit whatever wrong your fault. Now tania stole your thunder in her dealings with you, she never gave you credit for anything, but then with play.

Same with Kim, she never gave you credit for being a loyal friend to her, she walked over you.she never gave you that back.

Same with chris, she never aknowledged that you were smart and capable or that you accomplished a great deal in diffucult circumstances.

These two three stole your thunder because they ignored your accomp,ishments chris in not recognizing ability at un, or any other skills.

Kim gause also did not ever consider your abilities or support you, she out you down, the books you read etc. and then told you you were too smart for her.

Now D family steals you thunder or did, your accomp,ishments are ignored - stealing denying your thunder is when anyone either steals your accomp,ishments takes credit for them or denies them. Marjorie never aknowledged your abilities as a contractor, or D kids as a spiritual

person, or as someone skilled in life schoolwork social skills.

Now Dennis stole your thunder in contracting as well as the realtor. This is a big part why you quit.

Christina steals your thunder because she pretends to know your mother better than you did, she takes credit for a relationship she never had with her, but you did. She pretends to be family to you, when she is not, she is stealing your relationship with your brother because she expects him to place her over you in family matters.

Pauline steals your thunder because she ignores your advice as an astrologer and what you have to offer her.

Donna does because she takes credit for knowing more about writing than you do, or marketing. And more about dogs. And more about focusing your focusing process.

So what do I do, how do I handle this?

Well avoid people who do this and don't encourage others to do this.

Stay away from Delia, and Janette, donna and Pauline.

Check whether others see you as capable or not. Whether they undermine your confidence, question your abilities.

(rod, and arlana also stole your thunder)

Okay Jennie was a problem, too? Yes yes!

So regarding staying away, how do I do that ?

Just stay away.

I feel I don't know how not to do that. I don't know what to do.

Just stay away. Its because you think that others needs are more important, and so you think you don't have a right to walk away.

So, my parts

Fuck up, suck up, OPAMI, censor, blindsided - the keeper of the sacred flame.

which ones steal my thunder?

They all do, fuck up doubts abilities so if others take credit he thinks they deserve it, suck up won't tell someone who is stealing your thunder to stop it, because that might cause conflict, OPAMI thinks that there needs are more important than yours, so it would be improper to say anything, and censor thinks you should not reveal such an important concern to others for fear of revealing you vulnerability.

Okay, yes, that's true, so how to solve? What should they do? Which part is afraid of killing someone?

Well, fuck up needs to grown into competent one through use of larch and limiting items of expertise and getting focused on them. Like making recipes up and putting on cellphone, making lists of how to do things, getting into good habits. Suck up conflict well this is pretty easy when you see someone might want to steal your thunder, then you want them out of your life, and so conflict is irrelevant.

Chapter One

What if creates conflict with others in life?

Well, not as likely as you think.

Opami, well this is a problem because Opami thinks that others should steal your thunder, you should let them, and Opami needs to learn that others are not more important and thinking that they are just creates problems for everyone, if it's not working for me, it's not working for them (because their higher needs are not being served, only base needs or fears), also realize that you get upset and eventually resentful and so need to relate to others as equals as you prefer. Now censor does not want to reveal your deepest needs fears etc to avoid admitting your needs partly because saying that you want attention and regard would get you into trouble, having needs would get you into trouble, and it would reveal who you are, not something you want to do with some. So, well you don't actually need to reveal more than they need to know. For example, all Donna needed to know was that your attempts to discuss process had not gone well, and you didn't trust her enough to try to work things out with her and there were problems. Just that, tell her she had not related to you in a way that you had any confidence that she would be responsive to your needs, and that there were problems, and same thing in personal relationship. You are making an observation, not passing judgement and since it's pretty vague you are not revealing a whole lot about yourself.

What is the consequence of Trump election on this country?

Wait until it happens.

It may not Happen or wait and see, why so sudden? What shifted?

What's going on why so unhappy, why dying?

What you are seeing happening in the "rust belt" and areas of the south, and rural areas is people who have been hit hard by job losses, and who don't have the resources to adjust because they are often white ignorant of other cultures have difficulty adjusting to a global economy, unlike more urban areas that have multicultural populations. There is often a stuckness in these communities, the population is older because younger people leave and don't return, and also a stuckness in religious views. Many here are fundamentalist christians and don't believe that woman should work, but yet they have to, and their resistance and the limited opportunities for uneducated woman in rural areas is very limited. Some aspects of obama care have accelerated the closure of local hospitals which has further taken away good jobs, but has also made health care unavailable for those who can't afford to travel long distances. Yes cancer rates are climbing in rural areas as well farming areas, and the poor diet and reliance on fast food has also played a role - damage to the liver. What is important to note is how many people are disabled and experiencing pain, and therefore in very poor health, likewise obesity plays a major role, and this is often tied to again poverty and poor diet.

Yes, many people in these regions are suffering, but keep in mind that many who were born in these regions were not looking for social change - it came and found them, and many of the values - fundamentalist/ sexist religion puts many in a frame of mind that makes it difficult to adapt to changes or to initiate change on ones own and attracts people to a dour authoritarian older man like trump who promises that he can fix things on his own

How much money do I need?, you get what you need, what you want difference?

The law of attraction is not completely understood.

It might be amended to say that you get what your soul wants, or your deepest desires as aligned with your soul needs - assuming that you be-

lieve that and focus on that.

There are certain things that everyone is told they should want: a happy marriage, children, a nice house in the suburbs, wealth, good looks, good health, long life.

Now for some people these maybe important, but for some people they maybe dead ends.

Some people need to learn to live alone - take care of themselves, some need to focus on careers, some need the challenge of having kids or health crisis, some do not want to age or have health crisis.

For example , Margorie, your mother in law needed peace and stability in her life. She had many lifetimes that were violent, chaotic, short. She was very scared of something terrible happening, lived with dread, was unwilling to take even small risks. Having two devoted sons, her grandchildren, her husband, her health, living as long as she did, they gave her a different perspective on life.

As she became older she became more confident in the world and others.

She needed the years of boring everyday life to gain a greater confidence in physical reality. She got what she needed and she understood what she needed. She avoided conflict for the most part, she stayed married.

Now Lisa needs to work and to manage her finances. She will always get a job, if she is open to working because she needs that, but no one will help her with her finances. She will not win the lottery.

Now roger federer needs to be famous and to work with kids and organizations. He needs to have this success as an athlete to setup to do that. He was given a very gifted body, but he had to learn to use it, and learn to win. He did need to discipline his mind in order to succeed, but he is destined for this success. Many others may want this level of success, but they will not achieve it because its not in their destiny. For example rafa nadal has a different type of body which gives him great ability but he does not need that level of success to fulfill his mission, he does not have the same level of inner maturity to carry that greater level of success. Many other tennis players are very happy to achieve what they do - andy murray wants all titles and needs only two more -

can get, same with others, some want a slam, some not so much. There is much satisfaction for many to be number 10 or 50 on the tour, to be part of it. There are some who can achieve this level of play who need to walk away from it and do other things like Kim Clijsters for example, she needs kids and family.

So the key to success is to know what you need, if you do you will get it in some form.

Now it's true that in a world where many do not know what they need, or do not believe that they can achieve it, then it's harder for those who do to get what they need, and some may leave early because of that, especially as there is so much chaos.

So I am confused, always get what you need?

Yes, in some form.

Okay, but in what form.

You never go hungry unless you refuse food. If you want to get married, someone who wants also to get married shows up in your life. It may not look like your ideal partner, or even be your ideal partner - they may not be available, but someone will show up. You never go hungry even though the menu may not be exactly to your liking. But the more you eat and appreciate the better the offerings get.

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